

**EAST DISTRICT
CROSS COUNTRY CHAMPIONSHIPS
SATURDAY 7th DECEMBER 2013
DUNDEE (Camperdown Park)**

RACE	START TIME	NUMBERS
UNDER 13 GIRLS	11.30	WHITE
UNDER 13 BOYS	11.45	WHITE
UNDER 15 GIRLS	12.00	WHITE
UNDER 15 BOYS	12.20	WHITE
UNDER 17 WOMEN and		WHITE
UNDER 20 WOMEN	12.40	RED
SENIOR WOMEN	1.00	WHITE
UNDER 17 MEN and		BLACK
UNDER 20 MEN	1.30	WHITE
SENIOR MEN	2.00	WHITE

OFFICIALS

Referee	Ron Morrison
Clerk of Course	Dave Hanlon
Judges	Andy Law (Chief), Ian Clifton, Janet Nixon
Funnel Control	Alastair Robertson
Recorders	Alan Smith (Chief), Rachel Halliday, Neil Donachie
Officials Report	Barry Craighead
Timekeepers	Joe Bruce (Chief), Dave Cairns
Time Recorders	Sandy Cameron, Ian Mann
Marksman	Bill Grant
Starter	Barry Craighead
Announcer	John Wands
Declarations	Jen Jackson, Phyllis Law
Results	Sheila Smart, Marjory Cook, Andy Milne, Ron Morrison, Marion Donachie
Results Runner	Bob Cherrie
Presentations	Sandra Hardacre
Course Marshals	Members of Dundee Hawkhill Harriers
Convenor	Alex Jackson

Scottish Athletics thanks the following for their assistance in running to-days event

**Dundee Hawkhill Harriers
Staff of the Ice Arena
British Red Cross
Camperdown Country Park
Dundee Sports Development Team**

	DISTRICT CHAMPIONSHIPS FINISHERS								
EAST	VENUE	U13G	U15G	U17W	WOMEN	U13B	U15B	U17M	MEN
1995	Edinburgh	49	38	31	64	55	58	54	240
1996	Aberdeen	44	28	19	32	39	47	33	207
1997	Edinburgh	42	26	20	66	37	36	34	305
1998	Galashiels	35	32	12	60	38	29	33	210
2000	Alloa	34	20	12	61	40	29	21	224
2001	Edinburgh	26	23	9	62	39	32	20	250
2002	Livingston	30	21	8	56	33	35	27	211
2003	Edinburgh	35	27	8	61	33	39	25	232
2004	Falkirk	39	27	14	83	53	35	24	242
2004/5	Stirling	44	38	14	94	52	52	31	239
2005/6	Aberdeen	34	36	15	67	26	34	30	163
2006/7	Galashiels	41	46	17	91	31	36	31	217
2007/8	Stirling	43	40	22	115	39	45	32	247
2008/9	Cupar	42	41	18	105	38	34	40	223
2009/10	Livingston								



East District Cross Country Championships, Camperdown
Park, Dundee, DD2 4TF Saturday 7th December 2013

Ice Arena changing
and parking

Category	Declarations close	Race Start	Route	distance
Under 13 Girls	11:00	11:30	start-A-B-C-X-E-F-G-Finish	3200m
Under 13 Boys	11:15	11:45	start- A-B-C-X-E-F-G-Finish	3200m
Under 15 Girls	11:30	12:00	start A-B-C-D-X-E-F-G-Finish	4000m
Under 15 Boys	11:50	12:20	start-A-B-C-D-X-E-F-G-Finish	4000m
Under 17/20Women	12:10	12:40	start-A-B-C-X-E-B-C-D-X-E-F-G-Finish	5000m
Senior Women	12:30	13:00	start A-B-C-X-E-F-G-start- (X 2)-Finish	6400m
Under 17 Men	13:00	13:30	start A-B-C-X-E-F-G-start- (X 2) - Finish	6400m
Under 20 Men	13:00	13:30	start-A-B-C-D-X-E-F-G-start- (X 2)-Finish	8000m
Sen. Men	13:30	14:00	start A-B-C-X-E-F-G-start (X 3) -Finish	9600m